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mHealth for mental health: evidence, privacy, and consumer perspectives

27. September 2017

16:30 Uhr, Campus Südstadt, Ubierring 48, Raum 211

The ability to place information, treatment, and resources at the fingertips of those with mental health disorders can transform how these disorders are managed and treated. Within the context of examining the use of mobile health for early intervention in bipolar disorder, I identify and explore two important of the barriers to the widespread adoption of mobile health solutions – quality and consumer input. First, I present results of an examination of the scientific quality of smartphone apps for bipolar disorder specifically and health more generally. Quality is discussed in terms of evidence-base and privacy considerations. Secondly, I highlight the missing voice – that of consumers – in mobile healthcare. Consumer perspectives are investigated through the results of a mixed-methods survey, and a qualitative examination of app-users. Methodological considerations within mobile health and the role of consumers in development are discussed as potential facilitators to overcome the identified barriers.

Vortrag mit Diskussion auf Englisch

Alle Studierenden, Mitarbeiter*innen und Interessierte sind herzlich eingeladen.

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